

Hot or Cold Buffet

{ **Customize Your Buffet! Minimum 30 People** }
Plates, Utensils & Napkins Included

KIDS BUFFET

\$9.95 / Person

Chicken Fingers, Pizza Squares, Hot Dogs
Macaroni & Cheese, Chips, Cookies, Brownies

COLD BUFFET

\$11.50 / Person

Assorted Finger Sandwiches, 2 Salad Items
Relish Platter, Fruit Tray, Chips
Pastries & Coffee

HOT & COLD BUFFET

\$14.00 / Person

Assorted Finger Sandwiches, 2 Salad Items
Chicken Marsala, Italian Meatballs
Pasta & Sauce, Rolls & Butter
Dessert Tray & Coffee

ITALIAN BUFFET

\$14.95 / Person

Meatballs & Sauce, Italian Sausage, Potatoes
Peppers & Onions, Chicken in Wine
Eggplant Parmesan, Baked Ziti
Antipasto Salad, Rolls & Butter
Mini Pastries & Coffee

STEAM SHIP ROUND DINNER

{ **Minimum 60 People** }

\$17.95 / Person

Served with Oven Roasted Potatoes
Vegetable, Pasta Item, Salad
Mini Pastries & Coffee

BBQ BUFFET

\$16.00 / Person

BBQ Ribs, Grilled Chicken, Baked Beans
Corn on the Cob, Cole Slaw, Macaroni Salad
Corn Bread & Watermelon

FAJITA STATION BUFFET

\$15.50 / Person

Steak, Chicken, Vegetables, Rice, Tortillas
Lettuce, Sour Cream, Hot Sauce & Cheddar
2 Salad Items, Pastries & Coffee

STEAK FRY DINNER

\$18.00 / Person

Served with Potato, Vegetable, Pasta Item
Tossed Salad, Rolls & Butter

MEAL WORKS FAVORITE

\$17.00 / Person

Steak Tips & Peppers
(Choice of Portabella, Regular or Bourbon)
Choice of Chicken, Choice of Starch
Choice of Vegetable, Choice of Any Salad
Rolls & Butter, Pastries & Coffee

PRIME RIB DINNER

\$20.00 / Person

Served with Oven Roasted Potatoes
Vegetable, Pasta Item, Salad, Rolls & Butter
Mini Pastries & Coffee

EXECUTIVE BUFFET

\$28.00 / Person

Prime Rib, Any Chicken Item, Any Seafood Item
Choice of Starch Item, Choice of Vegetable
Salad, Rolls & Butter, Pastries & Coffee

SEASONAL PIG ROAST

\$22.00 / Person

Roasted Pig, Grilled Seasoned Chicken
Baked Beans, Corn on the Cob, Tossed Salad
Cole Slaw, Corn Bread and Watermelon

SEASONAL CLAMBAKE

Priced to Market

Lobster, Steamers, Fish & Sausage
Corn, Chowder, Potatoes, Fresh Fruit
Carrots, Onions and Celery

Continental Breakfast

{ **\$7.50 Per Person • Minimum 25 People** }
Danish | Muffins | Bagel | Fresh Fruit
Coffee & Juices

Breakfast Buffet

{ **\$11.50 Per Person • Minimum 30 People** }
Scrambled Eggs | French Toast *or* Pancakes
Choice of 2 Meats: Bacon, Sausage *or* Ham
Home Fries | Fruit Platters | Danish
Coffee & Juices

Boxed Lunches

{ **\$10.50 Per Person** }
Sandwich or Wrap | Chips | Cookies (2)
Potato *or* Pasta Salad | Soda *or* Water
Available Upon Request

Dessert Platters

Assorted Pastry Sm. \$45.00 Lg. \$75.00
**Coffee, Dessert, Plates,
Utensils & Napkins Available**

Appetizers

{ *Minimum Order of 25* }

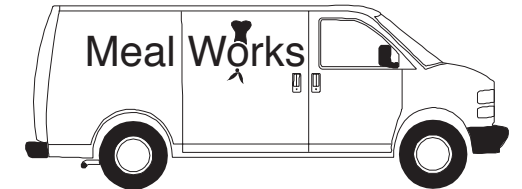
Shrimp Cocktail \$1.50 ea.
Scallops & Bacon \$1.50 ea.
Seafood Stuffed Mushrooms \$1.25 ea.
Melon Wrapped in Prosciutto \$1.25 ea.
Deviled Eggs \$0.75 ea.
Mini Egg Rolls \$1.00 ea.
Franks in a Blanket \$0.75 ea.
Spanakopita \$1.00 ea.
Skewered Chicken Satay \$1.50 ea.
Skewered Teriyaki Beef \$2.00 ea.
Crab Rangoon \$1.00 ea.
Shrimp Wrapped in Bacon \$2.00 ea.

www.mealworks.com

1606 Nooseneck Hill Road | Coventry, RI

2018

Catering Menu



Catering Available 7 Days a Week

401.828.9600

www.mealworks.com



Catering Checklist



Date of Function: _____

Pickup or Delivery: _____

Time of Delivery / Pickup: _____

Contact Name: _____

Telephone Number: _____

Pickup Hot or Cold: _____

Delivery Address: _____

Special Notes: _____

Please fax your order to 401.828.7676

PRICES ARE FOR PICK UP ONLY
Call for Quotes on Per Person Delivery Charges

Cold Party Platters

{ Small Serves up to 20 People }

{ Large Serves 40 - 50 People }

Vegetable Platter with Ranch Dip

Carrots, Celery, Broccoli, Cauliflower

Small \$37.95 Large \$59.95

Cheese, Crackers & Pepperoni Platter w Grapes

Small \$37.95 Large \$59.95

Fresh Fruit Platter

Watermelon, Honey Dew, Cantaloupe & Grapes

Small \$37.95 Large \$64.95

Marinated Mushrooms, Cottage Cheese &

Crackers

Small \$40.00 Large \$64.95

Cold Cut Platter with Rolls

Assorted Cold Cuts and Cheese

Small \$44.95 Large \$74.95

Relish Platter

Small \$29.95 Large \$44.95

Finger Sandwiches each \$1.40

Available in Wraps each \$4.95

Cut in halves - Choose any of the following:

Egg • Tuna • Seafood OR Chicken Salad

Ham & Cheese • Roast Beef & Cheese

Turkey & Cheese • Salami & Provolone

Specialty Wraps each \$5.95

Cut in halves - Choose any of the following:

Greek Spinach • Chicken Teriyaki • Italian Cold Cut

Grilled Southwestern Veggies • Grilled Portabella

and Roasted Peppers

16" Cold Pizza Tray each \$22.00

White or Red

Assorted Calzones Tray

3 Calzones \$45.00 5 Calzones \$65.00

Cold Food Ideas

SMALL **MEDIUM** **LARGE**
Serves 15-20 Serves 20-40 Serves 40-60

Tri Color Pasta Salad

Small \$34.95 ... Med. \$44.95 Large \$64.95

Macaroni Salad

Small \$34.95 ... Med. \$44.95 Large \$64.95

Red Bliss Potato Salad

Small \$34.95 ... Med. \$44.95 Large \$64.95

Cole Slaw

Small \$34.95 ... Med. \$44.95 Large \$64.95

Fruit Salad

Small \$34.95 ... Med. \$44.95 Large \$64.95

Orzo Salad

Small \$34.95 ... Med. \$44.95 Large \$64.95

Three Bean Salad

Small \$34.95 ... Med. \$44.95 Large \$64.95

Salads

Garden Salad with Dressing

Small \$30.00 ... Med. \$40.00 Large \$60.00

Antipasto Salad with Dressing

Small \$30.00 ... Med. \$40.00 Large \$60.00

Baby Spinach Salad w / Bacon, Egg, Red Onions

Tomatoes, Black Olives and Feta Cheese

Small \$30.00 ... Med. \$40.00 Large \$60.00

Mixed Greens w / Gorgonzola, Cranberries

Almonds, Red Onions and Tomatoes

Small \$30.00 ... Med. \$40.00 Large \$60.00

Meat Dishes

SMALL **MEDIUM** **LARGE**
Serves 15-20 Serves 20-40 Serves 40-60

Marinated Steak Tips and Peppers

Marinated Steak Tips Portabella

Bourbon Steak Tips and Peppers

PRICED
TO
MARKET

Meat Dishes

SMALL **MEDIUM** **LARGE**
Serves 15-20 Serves 20-40 Serves 40-60

\$55.00 **\$75.00** **\$100.00**

Beef Burgundy

Beef Stroganoff

Veal Marsala

Veal & Peppers

Veal Cacciatore

Veal & Peas

Sliced Top Round & Gravy

Oriental Beef & Broccoli

\$45.00 **\$65.00** **\$95.00**

Pulled BBQ Pork

Pulled Cajun Pork

Pulled Bourbon Pork

\$35.00 **\$55.00** **\$75.00**

Italian Meatballs

Meatball Parmesan

ALL HOMEMADE

Meatballs & Peppers

BBQ Ribs **\$75.00** **\$95.00**

\$40.00 **\$60.00** **\$80.00**

Sweet & Sour Meatballs

Swedish Meatballs

Italian Sausage & Peppers

Sausage, Meatballs & Peppers

Sausage, Potatoes, Peppers & Onions

Pork Pot Roast

Sliced Glazed Ham **\$95.00**

Specialty Menu Priced per Person

Kahlua Pork Tenderloin • Chicken Saltimbocca

Veal Saltimbocca • Broiled Salmon • Baked Scrod

Lobster Ravioli with Pink Vodka Sauce

Baked Scallops • Shrimp Scampi • Sole Francais

4 oz. each • Seafood Newburg • Jambalaya

Grilled Pork Medallions • Stuffed Filet of Sole

Chicken Dishes

SMALL **MEDIUM** **LARGE**
Serves 15-20 Serves 20-40 Serves 40-60

\$40.00 **\$70.00** **\$85.00**

Chicken Fingers

Pulled BBQ Chicken

Chicken Scampi

Chicken Marsala

Sweet & Sour Chicken

Chicken & Roasted Peppers

Chicken Cacciatore

Chicken Stroganoff

Thai Chicken

Oriental Chicken & Broccoli

Chicken Satay

Chicken & Wine Pieces

Sweet Bourbon Chicken Portuguese Chicken

Assorted Chicken Wings

4 oz. Chicken Parmesan ea. \$3.95

15 PERSON MINIMUM

4 oz. Grilled Honey Mustard Chicken ... ea. \$1.75

4 oz. Chicken Francais ea. \$3.75

8 oz. Stuffed Chicken Breast (20 min) ea. \$5.00

Turkey & Gravy \$75.00 **\$100.00**

Starch & Veggie Dishes

SMALL **MEDIUM** **LARGE**
Serves 15-20 Serves 20-40 Serves 40-60

\$30.00 **\$50.00** **\$60.00**

Cheese Tortellini & Broccoli • Tortellini Carbonara

Ravioli - Spinach & Pepperoni

Ravioli & Meatballs

Macaroni & Cheese • Smashed Red Bliss Potatoes

Oven Roasted Potatoes • Assorted Vegetables

Rice Pilaf • Pasta Shells & Broccoli • Penne Alfredo

Bowtie Alfredo • Chicken Stuffing

\$30.00 **\$55.00** **\$70.00**

Roasted Vegetables

\$26.95 **\$44.95** **\$54.95**

Penne Marinara

\$34.95 **\$49.95** **\$64.95**

Baked Ziti OR Ravioli & Meatballs

Small Meat Lasagna (Serves 8-10) \$45.00

Large Meat Lasagna (Serves 30-40) \$70.00

Veggie Lasagna SMALL \$40.00 LARGE \$60.00

Small Shepherd's Pie ea. \$40.00

Stuffed Shells ea. \$1.00

Eggplant Parmesan SMALL \$40.00 LARGE \$65.00

\$19.95 **\$29.95** **\$44.95**

Baked Beans